

# Northwest Region CHNS & CHPS Report – September 2013

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## **Candace White**

- BMI/Scoliosis Training for school nurses at Arch Ford Co-op. Education included Tobacco cessation/ education, ACT 811 and tobacco materials distributed to nurses.
- HCO presentation at Morrilton Sr. Center with Tera Dacus and Mary Eakin
- Paraprofessional Special Needs and Glucagon Administration Trainings held at Arch Ford for school nurses
- Attended/assisted with new school nurse conference in Little Rock. Provided presentation on Atrain
- Working with School Based Health Alliance in Washington D.C. to hold a policy meeting with the School Based Health Alliance of Arkansas in Little Rock on November 20<sup>th</sup>.
- Attended the Striking Out Tobacco Conference in Little Rock
- Assisted school nurse with Vision and hearing screenings at Morrilton Elementary

## **Sarah Brisco**

- Provided BMI training to nurses in NW Educational Co-op
- Provided “Get In” presentation for Partners of Exclusive Communities in Searcy County
- Provided APNA data to Omaha school nurse on Alcohol, tobacco, and drug abuse among 12<sup>th</sup> graders in Boone County
- Attended Yellville school district Wellness Committee meeting. Provided information on successful Implementation Models for increased fruit and vegetable consumption
- Attended/assisted with the Madison County Teen Summit
- Met with Principal at Mt. Home Elementary School to discuss Wellness Initiatives.  
Met with Principal at Helen Tyson Middle School to discuss upcoming physical activity and nutrition fair  
Met with Principal at Forest Heights elementary to discuss SHI and provided assistance with the online SHI  
Met with Principal at Omaha School to discuss the wellness initiative
- Contacted 16 school districts to make list of all wellness committee chairpersons to continue the CHPS strategic plan on strengthening school wellness committees and the importance of the SHI

## **Nancy Marsh**

- SHI Training for faculty at Huntsville School District – 16 people, including UAMS RN to BSN program faculty and nursing student observing and learning about SHI.
- Attended NWA School Nurse Meeting – arranged speaker – MERCK rep from Dallas presented to the school nurses on HPV and Gardasil – 13 nurses.

## Northwest Region CHNS & CHPS Report – September 2013

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- Madison County Teen Summit – speakers on drinking and driving; ATV Safety; Spit Tobacco Prevention; interactive exhibit booths on Skin Cancer prevention, alcohol prevention; tobacco prevention; drunk driving goggles, health careers, texting and driving, oral health – community volunteers worked these booths; physical activity session with Lions Club members assisting; lunch money donated by Kiwanis Club and Sam's Club. Closing session focused on financial impact of using tobacco products and prizes were given – head phones, jump drives, Wal Mart cards and VISA cards from banks and Kindle Fire HD. T-shirts donated by Sparks Hospital in Springfield for Madison County Teen Summit. They had 'Click-it' Seat Belt campaign message on the shirts – all students, faculty and volunteers wore these shirts during the Summit
- Technical assistance: Elkins School Nurse – new project – faculty health screening event during Professional Development Day in October – helped arrange for providers for screenings and educational booths for faculty; suggested other items for event – door prizes, food, community support. Arranged for Komen grant Breast Navigator to have a booth and offer Mammograms; AHEC health educator to talk about sugar content in items.
- Strategic Planning Retreat for Madison County Health Coalition Tobacco Prevention Committee for sustainability. Made Agenda for both days; worked on participants notebooks; made arrangements for retreat site; met with grant staff prior to retreat to prepare for retreat.
- Suggested MCHC apply for Innovative Solutions for Educational Partnerships Grant for funding for SBS and other event with Teen Parenting Program – new grant for \$2,000. Met with grant coordinator and planned grant application.
- Leftover 'Click-it' t-shirts were given to the Madison County Sheriff's Office to use with their Seat Belt Grant Campaign that they currently have.
- Distributed Safety baby Shower Flyers to Local Health Unit; Rural Health Clinic and Teen Parenting Program – also made Referral forms for person that will schedule people for the Nov Safety Baby Shower. Worked with ACH Injury Prevention to get Safety Kits for SBS. Visited with several community partners about presenting/helping with SBS in Nov. in Madison County

### **Cheria Lindsey**

- BMI/Scoliosis Training at NW Educational Cooperative in Farmington with 18 new school nurses. Education included Tobacco and IP
- Vision and Hearing Training for OUR Educational Cooperative for 6 new school nurses Included Tobacco and IP education
- CPR/AED/FA to 6 school personnel at OUR Educational Cooperative- Included Tobacco, IP, and ACA education

## Northwest Region CHNS & CHPS Report – September 2013

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- “Tobacco and Nicotine” presentation at Madison County Teen Summit to approx. 265 students (8<sup>th</sup> graders and 12<sup>th</sup> grade helpers)
- Special Healthcare Needs Training to 31 Paraprofessionals and 5 nurses and included ACA, Tobacco, and IP education
- Presented at the New School Nurse Conference the “Role of the CHNS” to approximately 126 nurses and assisted for this 3 day conference. Included multiple topics in the job and TA provided
- Met with Arkansas Cancer Coalition about Oral Health committee meetings and provided them with 176 membership forms from the Back to School Nurse Workshops in the NW
- Partnered with Cindy Schaefering, CHNS to provide Vision, Hearing and BMI trainings to ASU nursing students to assist school nurses with screenings.

### Miranda Curbow

- BMI/Scoliosis training for school nurses. Education included on tobacco use and its link to obesity, decreased bone healing, etc. Gave out quitline cards and fax referral forms. Included information on available tobacco programs for the schools. 16 present on 09/05
- Presented Health Connector at Logan County in Paris. Included tobacco education as it relates to increased premiums due to disease burden it causes. Distributed information on quitline/quitcards.
- Vision and Hearing training for school nurses. This included education on the effects of second hand smoke on children, Act 811, quitline and programs available for them at the school. 8 in attendance.
- BMI and Scoliosis trainings for school nurses on 09/18. Education included tobacco use and its link to obesity, decreased bone healing, etc. Gave out quitline cards and fax referral forms. Included information on available tobacco programs for the schools.
- Assisted Nancy March, CHNS, with NWA BMI/Scoliosis trainings for school nurses.
- Assisting 16 new school nurses and providing their guidance and training as necessary.
- Logan County – Gathered information on drug drop box grant and took it to the county sheriff’s office and discussed the possibility of them writing for the grant. The sheriff’s office wrote the grant and I sent it in.

### Christine McKnelly

- Presentation on SHI, Toolkit, Obesity trends, What CHPS can offer for **primary** school wellness members in Conway School District
- Presentation on SHI, Toolkit, Obesity trends, What CHPS can offer for **secondary** school wellness members in Conway School District

## Northwest Region CHNS & CHPS Report – September 2013

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- Presentation at Mayflower school on SHI, Toolkit, Obesity trends, What CHPS can offer for all Wellness District wellness members. After presentation, 2 Assistant Principals agreed to support the efforts of the nurses/wellness chairs and assisting schools in next steps.
- Working with Gayle Seymore of UCA and Sue Schroder of Core Dance to pursue a tobacco sponsorship to go into Conway schools for more Love Your Body projects
- Cooking Matters: Home cooking safety component added and sponsorship of \$2,000 (?) received for Cooking Matters for Families in partnership with Faulkner HHI Coalition and UCA Interns; will provide vent extinguishers and other materials. Will provide demonstration and resources to 18+ middle/low income families.
- Coordinating Conway Co Morrilton baby safety shower. This is a project adapted from a grant written by myself, Mary McGraw & Executive Director of Pregnancy Crisis Center – adapted in 2013 with reworking from Tera Dacus. Will provide car seats, smoke detectors, prescription lock boxes and more to 20 low income women.
- United way presentations, partnership & outreach: Presented and trained United Way workers to present a PowerPoint re: childhood obesity and the link to academics. United Way is now using this information in multiple presentations to businesses in order to raise money for the purchase of school equipment for physical activity. Also -Created handout/flyer on obesity, children, and economic development for United Way for use in business recruitment for school PA resources. Total presentations assisted in (by presenting or providing materials: 4. Total businesses reached this month 3. Estimated number of workers exposed to this message: 100. Schools in Conway to potentially benefit by receiving equipment as a result: 12 Conway Schools.